







## HOME COOKING - \$3.50

For the week of  
August 21<sup>st</sup>- 25<sup>th</sup> 2017

Day	Homemade Soup: Small: .85 Large: \$1.20	Menu
Monday	Southwest Chicken with Tortilla Chips	 Chicken Fajita Pinto Beans Seasoned Rice Red Grapes
Tuesday	Chicken Noodle	 Spinach Salad Roasted Chicken Breast, Hard Cooked Egg, Sliced Apples Topped with Walnuts and Warm Bacon Dressing Whole Grain Bar
Wednesday	Cream of Broccoli in a Bread Bowl	 Turkey Club Wrap Sliced Turkey, Crispy Bacon Wrapped in a Flour Tortilla Shell 3 Bean Salad Tropical Pineapples
Thursday	 BOSCO STICKS Beef Vegetable	 Chicken Parmesan over Spaghetti with Marinara Steamed Green Beans Mandarin Oranges
Friday	Cream of Tomato	 Grilled Cheese Sandwich Cup of Soup Baked Potato Rounds Chilled Applesauce



Foods that are high in fiber, low in added sugar, fats and sodium and served in appropriate portion sizes.